



NORTH END WELLNESS NEWS

Healthy Living in Northern Grand Rapids

May-April 2020

 NORTH END
WELLNESS COALITION

Home Newsletter North Quarter Pathways Contact Members Facebook

Promoting Health and Wellness in the Creston & Belknap Neighborhoods

[READ OUR NEWSLETTER](#)



New: North End Wellness Website

Come check out our new website!

NorthEndWellness.org is a treasure trove of resources to keep us healthy: newsletters, community walks, healthy eating, mental health support, fitness opportunities, and more! You'll also find more information about how you can join us each third Thursday of the month for coalition meetings.

Be a part of the North End movement for health!

Need Assistance?

211 is your local Community Helpline & Crisis Hotline. Call 2-1-1 to speak with caring staff who provide crisis intervention, information, assessment and referral to available community resources and services. Calls to 211 are free, confidential and available 24/7 with multi-lingual capabilities. Full phone number: 1 (800) 887-1107.



North End Wellness News is a service of the North End Wellness Coalition, a group of organizations dedicated to promoting healthful living in northern Grand Rapids.

Banner images are licensed under the Creative Commons

 Email or Phone Password Log In
Forgot account?


The North End Wellness Coalition @TNEWC
Home About Events Photos Community Reviews Posts Services
Like Share Suggest Edits ... Send Email Send Message
Photos Posts
The North End Wellness Coalition Medical & Health in Grand Rapids, Michigan
How was the Coalition established? The parishioners at St. Andrew's Episcopal Church were plagued by the question of

New: North End Wellness Facebook Page

Awaiting your visit is our shiny new Facebook page: the North End Wellness Coalition! Find tips and support for your physical and mental health daily. Nab the power of health. Now, more than ever, is the time to join and be well in community!

Access Walk for Good Food

In light of the COVID-19 pandemic, Access of West Michigan is adjusting this year's Walk for Good Food. While there are many things in place to stop the spread of the virus in our community, you can still go for a walk! We invite you to Walk for Good Food in your own neighborhood.

You can do your walk any time between May 3 & 13. Follow along with others via Access' social media channels (Facebook, Instagram, Twitter) and their website using #walk4goodfood2020. For specific details, visit the website at accessofwestmichigan.org/walk, or contact Alaina Dobkowski at alaina@accessofwestmichigan.org or (616) 747-0988.

What is the North End Wellness Coalition?

We are a group of individuals, churches, non-profits and community organizations who meet regularly to promote health and wellness within the Creston and Belknap neighborhoods. We share resources, learn together, and work to make the North End the healthiest it can be.

Join us! We meet on the third Thursday of every month from 9:30-10:45am in the Creston Neighborhood Association's community room (205 Carrier St NE).

Please contact Jackie at docbrayman@gmail.com for more information.