

# F.A.C.E. TO FACE

## MONTHLY UPDATE

## MARK YOUR CALENDARS

Visit our [website](#) to register for May events and view additional upcoming events.

### NEIGHBORHOOD ENROLLMENT NIGHTS –

**MAY 3, 2022** – 5:00 to 7:00 pm  
LINC UP (1167 Madison Ave SE)

**MAY 5, 2022** – 5:00 to 7:00 pm  
Hispanic Center (1204 Cesar E Chavez Ave SW)

Meet school staff from neighborhood schools, ask questions, eat, and have fun while learning about GRPS.

### CRIMINAL RECORD EXPUNGEMENT EVENT –

**MAY 7, 2022** – 9:00 am - 5:00 pm  
GR Center for Community Transformation  
(1530 Madison Ave)

We believe in second chances. A clean record means more involved caregivers. Parent University has partnered with LINC UP and Safe & Just Michigan and hosted a criminal record expungement fair. Caregivers and community members are invited to learn the expungement process, meet with attorneys, and receive resources to return into the workforce.

### RECOGNIZING THE SIGNS/SYMPTOMS OF ANXIETY & DEPRESSION IN YOUR CHILD –

**MAY 10, 2022** – 9:30 – 11:00 am in Spanish  
Southwest Middle High School (327 Rumsey St. SW)

**MAY 10, 2022** – 5:30 – 7:00 pm  
University Preparatory Academy (512 Division Ave S)

In this interactive learning session, parents/caregivers will learn from Network180's mental health professionals about:

- What is anxiety and depression?
- What can I look for in my child?
- What resources exist for helping my child?

### STRESS MANAGEMENT FOR FAMILIES – MAY 17, 2022

5:30 -7:00 pm – Sibley Elementary (943 Sibley St. NW)

Stress refers to your body's reaction to challenges and demands. Learn how to navigate stress and ways to deal with it.

### LATE-STAGE ALZHEIMER'S: A CAREGIVER'S GUIDE, PART 1 – MAY 18, 2022 – 12:00 -1:30 pm & 6:00 - 7:30 pm

In the late stage of Alzheimer's disease, caregiving typically involves new ways of connecting and interacting with the person with the disease. Join us with our friends at the Alzheimer's Association for this 2-part series and hear from caregivers and professionals about resources, monitoring care and providing meaningful connection for the person with late-stage Alzheimer's and their families. [Register in advance for this meeting.](#)

### HEALTH INSURANCE NAVIGATION WITH CATHERINE'S HEALTH CENTER – MAY 23, 2022 – 9:30 am at [Zoom link](#) & 10:30 am at [Zoom link](#)

Navigating the healthcare system is difficult, but Catherine's Health Center is here to help! Join us for an informative session all about navigating the world of health insurance. This course is being offered virtually on Monday, May 23rd, with two-time options – attend whichever best fits your schedule!

### TALKING ABOUT MENTAL HEALTH WITH YOUR FAMILY

**MAY 24, 2022** – 5:30 - 7:00 pm

Grand Rapids Public School's University (1400 Fuller Ave NE)

In this interactive learning session, caregivers will learn from Network180's mental health professionals about:

- What is anxiety and depression?
- What can I look for in my child?
- What resources exist for helping my child?

### LIVING WITH ALZHEIMER'S: A CAREGIVER'S GUIDE, PART 2 – MAY 25, 2022 – 12:00 -1:30 pm

In the late stage of Alzheimer's disease, caregiving typically involves new ways of connecting and interacting with the person with the disease. Join us with our friends at the Alzheimer's Association for this 2-part series and hear from caregivers and professionals about resources, monitoring care and providing meaningful connection for the person with late-stage Alzheimer's and their families. [Register in advance for this meeting.](#)

[more >](#)

## EL PARENT WORKSHOP: FAFSA (FREE APPLICATION FOR FEDERAL STUDENT AID), SCHOLARSHIPS, FUNDING COLLEGE EDUCATION – MAY 26, 2022 – 9:00 - 10:30 am

The GRPS English Language Learners department is presenting a series of workshops for our district's EL parent population! This EL Parent Workshop is at Burton Elementary Middle. For more information, please contact Brita Esteban at [EstebanB@grps.org](mailto:EstebanB@grps.org).

## F.A.C.E. & COMMUNITY COLLABORATION

- We believe in second chances. A clean record means more involved families. On April 15, 2022, Parent University partnered with LINC UP and Safe & Just Michigan and hosted a criminal record expungement fair. Caregivers and community members were invited to learn the expungement process, meet with an attorney, and receive resources to return into the workforce.
- Over 50 caregivers attended the Parent University course LGBTQ+ SAFE SCHOOLS lead GRPS' Offices of Equity and Inclusion and Student Services. Caregivers deepened their knowledge around LGBTQ-inclusive language, school policies, and much more.
- FACE has partnered with Samaritas, Family Futures, Thrive Outside, Network 180, Michigan State Extension department, YMCA, Ebony Road Players, Northend Wellness Coalition, and Creston Neighborhood Association to offer GRPS family's courses, fieldtrips, and amazing experiences.



PALs attended a meeting, led by Larry Oberst, to discuss Esser funding and district plans for future spending. They voiced their thoughts, concerns, and ideas about the many different needs our scholars, caregivers, and staff have experienced.

The PALs are looking forward to attending "A Basketful of Thanks". This volunteer celebration will be held on May 12, 2022 at the Hilltop Pavilion at the John Ball Park Zoo.



Check out May's edition of [Power Parent Magazine](#).

- Learn about the importance of play in **GOOD TO KNOW: Power of Play**.
- Delve into writing in **CHECK IT OUT: Daily Writing Prompts**.
- Navigate **FAMILY CONVERSATIONS: Let's Play Cards** and learn some interactive and challenging card games that the entire family can play!
- Search **SETTING GOALS: Be a Bookworm** and learn about different reading programs throughout Grand Rapids!
- Find and explore virtual field trips in **NAVIGATING ACHIEVEMENT: Take a Trip**.
- Discover fun and engaging apps to support your scholars in **NETWORK FOR SUCCESS: Get Techy**.
- Explore **NEED TO DO: Stop the Slide** to learn ways to support your scholars during the summer months.

## FAMILY & COMMUNITY ENGAGEMENT

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